

PHYSICAL & MENTAL HEALTH

Camino Health and Family Resource Center

22481 Aspan Street Suite A, Lake Forest
(949) 240-2272
www.caminohealthcenter.org
Mon-Fri 8am - 12pm, 1pm - 5pm

Provides efficient and accessible health services.

Care Possible

28202 Cabot Rd. #300, Laguna Niguel
(949) 303-8264
www.carepossible.org

Provides mental health services and addiction treatments for everyone.

Laguna Beach Community Clinic

362 3rd Street, Laguna Beach
(949) 494-0761
www.LBclinic.org
Mon-Fri 8am - 12pm, 1pm - 5pm,
Sat 8am - 12pm

Provides primary care and specialty medical services.

Orange County Health Care Agency: Mental Health and Substance Use Disorder Services- South Region

27141 Aliso Creek Rd, Aliso Viejo
(949) 643-6901
www.ochealthinfo.com
Mon-Thurs 8am - 6pm
Fri 8am - 5pm

Provides mental health and substance use disorder services.

Shanti Orange County

23461 S Pointe Dr. #100, Laguna Hills
(949) 452-0888
www.shantioc.org
Mon-Fri 9am - 5pm

Provides mental health and case management services.

POLICE SERVICES

Dial 9-1-1

For life threatening emergencies.

Non-emergency dispatch:
(949) 770-6011

CRISIS HOTLINES

Adult Protective Services (APS)- 24/7

(800) 451-5155
www.ssq.ocgov.com

Alcoholics Anonymous (South Orange County Central Office)- 24/7

(949) 582-2697
www.aanoc.com

California Youth Crisis Line Orange County- 24/7

(800) 843-5200
www.calyouth.org

NAMI OC Warmline - 24/7 Call, text or chat

(714) 991-6412
www.namio.org/oc-warmline

OC Health Care Agency Warmline- 24/7 Emotion Support Line

(877) 910-9276

Suicide & Crisis Lifeline- 24/7

(800) 273-8255

Be Well OC

(949) 749-2500
www.bewelloc.org/get-help

Domestic Violence Hotline

(866) 498-1511
www.laurashouse.org

Human Trafficking Hotline Orange County

(949) 250-4058
www.waymakersoc.org



Community Resources

Homeless Prevention Services

City of Laguna Niguel
30111 Crown Valley Parkway
Laguna Niguel, CA 92677
(949) 362-4300

Do you need help?

City of Laguna Niguel Police Services
(949) 362-4346

City of Laguna Niguel

Stacy Lumley, Management Analyst-
Human Services
Office: (949) 362-4055
slumley@cityoflagunaniguel.org

Dial 2-1-1 Orange County
referral to a variety of services

www.211oc.org
(888) 600-4357

Dial (855) OC-LINKS

behavioral health information & referrals-
24 hours a day, 7 days a week
www.ochealthinfo.com/oclinks
(855) 625-4657

SHELTERS & HOUSING

Family Assistance Ministries

1030 Calle Negocio, San Clemente
(949) 492-8477
www.family-assistance.org
Mon-Fri 9am - 5pm

Provides rapid rehousing, services for emergency shelter, transitional facilities, and permanent housing for individuals and families.

Families Forward

8 Thomas, Irvine
(949) 552-2727
www.families-forward.org
Mon-Thurs 9am - 5pm
Fri 9am - 1pm

Provides mental health services and addiction treatments for everyone.

Friendship Shelter

1335 South Coast Hwy and
20652 Laguna Canyon Road, Laguna
Beach
(949) 494-6928
www.friendshipshelter.org

Provides year-round shelter and rehabilitation to homeless adults.

Mercy House

(714) 836-7188
www.themercyhouse.org
Mon, Wed, Sat 3pm - 6pm

Provides services for emergency shelter, transitional facilities, and permanent housing.

South County Outreach

7 Whatney, Suite B, Irvine
(949) 380-8144
www.sco-oc.org
Mon, Wed-Fri 9am - 3:30pm
Tues 12:30pm - 3:30pm

Provides housing for homeless families with a minor aged dependent child.

Veterans First

(833) 725-8831
www.veteransfirstoc.org

Provides affordable housing options to veterans.

StandUp for Kids

P.O. Box 14398, Irvine 92623
(714) 356-5437
www.standupforkids.org/orangecounty
Mon-Fri 8:30am - 2pm

Serves unaccompanied homeless and at-risk youth ages 12-24 years.

RENTAL ASSISTANCE

Family Assistance Ministries

1030 Calle Negocio, San Clemente
(949) 492-8477
www.family-assistance.org
Mon-Fri 9am - 5pm

Provides rental and utility assistance with a financial plan as well as professional case management.

Salvation Army

1710 W. Edinger Ave, Santa Ana
(714) 545-2937
www.salvationarmyusa.org/usn
Mon-Fri 8am - 5pm

Provides financial assistance to low-income individuals and families.

South County Outreach

7 Whatney, Suite B, Irvine
(949) 380-8144
(www.sco-oc.org)
Mon-Thurs 9am - 4pm

Provides case management services and utility and rental assistance for individuals and families.

YMCA

Various Locations & Hours
29831 Crown Valley Pkwy
(949) 495-9622
www.ymcaoc.org/child-care-centers

Provides subsidized child care.

MEALS FOR SENIORS

Age Well Senior Services

24602 Aliso Creek Rd, Laguna Niguel
(949) 362-2807
www.agewellseniorservices.org
Mon-Fri 11:45am - 1pm

Provides Senior Lunch Program at Sea Country Senior and Community Center.

Meals on Wheels

24602 Aliso Creek Rd., Laguna Niguel
(949) 362-2807
www.mealsonwheels.america.org
Mon-Fri 10:30am - 1pm

Delivers up to three meals per day to seniors.

FOOD PANTRIES & HOT MEALS

Family Assistance Ministries

Various sites, days, and times
Please call for information
(949) 492-8477
www.family-assistance.org

Provides food pantry services at Laguna Niguel Presbyterian Church and in San Juan Capistrano, Dana Point, and San Clemente.

Families Forward

8 Thomas, Irvine
(949) 552-2727
www.families-forward.org
Mon-Thurs 10am - 4pm

Provides walk-up food pantry services.

Hands of Grace

At Faith Episcopal Church
27802 El Lazo, Laguna Niguel
(949) 448-8114
www.faithepiscopal.org
Wed 6pm - 7pm

Provides dinner every Wednesday night.

Mercy Warehouse Vineyard Community Church

27632 El Lazo, Laguna Niguel
(949) 910-0024
Mon 4pm - 6pm
Wed, Fri 12pm - 2pm

Provides food pantry services.

Saint Timothy Catholic Church

29102 Crown Valley Pkwy, Laguna Niguel
(949) 249-4091
www.st-timsrc.org
Mon, Wed 9am - 11am

Provides food pantry services.

South County Outreach

7 Whatney, Suite B, Irvine
Mon-Thurs 9am - 2pm
(949) 380-8144
www.sco-oc.org

Provides food pantry services by appointment.