

## PHYSICAL & MENTAL HEALTH

### Camino Health and Family Resource Center

22481 Aspan Street Suite A, Lake Forest  
(949) 240-2272  
[www.caminohealthcenter.org](http://www.caminohealthcenter.org)  
Mon-Fri 8am - 12pm, 1pm - 5pm

Provides efficient and accessible health services.

### Care Possible

28202 Cabot Rd. #300, Laguna Niguel  
(949) 303-8264  
[www.carepossible.org](http://www.carepossible.org)

Provides mental health services and addiction treatments for everyone.

### Laguna Beach Community Clinic

362 3rd Street, Laguna Beach  
(949) 494-0761  
[www.LBclinic.org](http://www.LBclinic.org)  
Mon-Fri 8am - 12pm, 1pm - 5pm,  
Sat 8am - 12pm

Provides primary care and specialty medical services.

### Orange County Health Care Agency: Mental Health and Substance Use Disorder Services- South Region

27141 Aliso Creek Rd, Aliso Viejo  
(949) 643-6901  
[www.ochealthinfo.com](http://www.ochealthinfo.com)  
Mon-Thurs 8am - 6pm  
Fri 8am - 5pm

Provides mental health and substance use disorder services.

### Shanti Orange County

23461 S Pointe Dr. #100, Laguna Hills  
(949) 452-0888  
[www.shantioc.org](http://www.shantioc.org)  
Mon-Fri 9am - 5pm

Provides mental health and case management services.

## POLICE SERVICES

### Dial 9-1-1

For life threatening emergencies.  
Non-emergency dispatch:  
(949) 770-6011

## CRISIS HOTLINES

### Adult Protective Services (APS)- 24/7

(800) 451-5155  
[www.ssq.ocgov.com](http://www.ssq.ocgov.com)

### Alcoholics Anonymous (South Orange County Central Office)- 24/7

(949) 582-2697  
[www.aanoc.com](http://www.aanoc.com)

### California Youth Crisis Line Orange County- 24/7

(800) 843-5200  
[www.calyouth.org](http://www.calyouth.org)

### NAMI OC Warmline - 24/7 Call, text or chat

(714) 991-6412  
[www.namioc.org/oc-warmline](http://www.namioc.org/oc-warmline)

### OC Health Care Agency Warmline- 24/7 Emotion Support Line

(877) 910-9276

### Suicide & Crisis Lifeline- 24/7

(800) 273-8255

### Be Well OC

(949) 749-2500  
[www.bewelloc.org/get-help](http://www.bewelloc.org/get-help)

### Domestic Violence Hotline

(866) 498-1511  
[www.laurashouse.org](http://www.laurashouse.org)

### Human Trafficking Hotline Orange County

(949) 250-4058  
[www.waymakersoc.org](http://www.waymakersoc.org)



# Community Resources

## Homeless Prevention Services

City of Laguna Niguel  
30111 Crown Valley Parkway  
Laguna Niguel, CA 92677  
(949) 362-4300

### Do you need help?

City of Laguna Niguel Police Services  
(949) 362-4346

City of Laguna Niguel  
Stacy Lumley, Management Analyst-  
Human Services  
Office: (949) 362-4055  
[slumley@cityoflaguneniguel.org](mailto:slumley@cityoflaguneniguel.org)

Dial 2-1-1 Orange County  
referral to a variety of services  
[www.211oc.org](http://www.211oc.org)  
(888) 600-4357

Dial (855) OC-LINKS  
behavioral health information & referrals-  
24 hours a day, 7 days a week  
[www.ochealthinfo.com/oclinks](http://www.ochealthinfo.com/oclinks)  
(855) 625-4657

## SHELTERS & HOUSING

### Family Assistance Ministries

1030 Calle Negocio, San Clemente  
(949) 492-8477  
[www.family-assistance.org](http://www.family-assistance.org)  
Mon-Fri 9am - 5pm

Provides rapid rehousing, services for emergency shelter, transitional facilities, and permanent housing for individuals and families.

### Families Forward

8 Thomas, Irvine  
(949) 552-2727  
[www.families-forward.org](http://www.families-forward.org)  
Mon-Thurs 9am - 5pm  
Fri 9am - 1pm

Provides mental health services and addiction treatments for everyone.

### Friendship Shelter

1335 South Coast Hwy and  
20652 Laguna Canyon Road, Laguna  
Beach  
(949) 494-6928  
[www.friendshipshelter.org](http://www.friendshipshelter.org)

Provides year-round shelter and rehabilitation to homeless adults.

### Mercy House

(714) 836-7188  
[www.themercyhouse.org](http://www.themercyhouse.org)  
Mon, Wed, Sat 3pm - 6pm

Provides services for emergency shelter, transitional facilities, and permanent housing.

### South County Outreach

7 Whatney, Suite B, Irvine  
(949) 380-8144  
[www.sco-oc.org](http://www.sco-oc.org)  
Mon, Wed-Fri 9am - 3:30pm  
Tues 12:30pm - 3:30pm

Provides housing for homeless families with a minor aged dependent child.

### Veterans First

(833) 725-8831  
[www.veteransfirstoc.org](http://www.veteransfirstoc.org)

Provides affordable housing options to veterans.

### StandUp for Kids

P.O. Box 14398, Irvine 92623  
(714) 356-5437  
[www.standupforkids.org/orangecounty](http://www.standupforkids.org/orangecounty)  
Mon-Fri 8:30am - 2pm

Serves unaccompanied homeless and at-risk youth ages 12-24 years.

## RENTAL ASSISTANCE

### Family Assistance Ministries

1030 Calle Negocio, San Clemente  
(949) 492-8477  
[www.family-assistance.org](http://www.family-assistance.org)  
Mon-Fri 9am - 5pm

Provides rental and utility assistance with a financial plan as well as professional case management.

### Salvation Army

1710 W. Edinger Ave, Santa Ana  
(714) 545-2937  
[www.salvationarmyusa.org/usn](http://www.salvationarmyusa.org/usn)  
Mon-Fri 8am - 5pm

Provides financial assistance to low-income individuals and families.

### South County Outreach

7 Whatney, Suite B, Irvine  
(949) 380-8144  
[www.sco-oc.org](http://www.sco-oc.org)  
Mon-Thurs 9am - 4pm

Provides case management services and utility and rental assistance for individuals and families.

### YMCA

Various Locations & Hours  
29831 Crown Valley Pkwy  
(949) 495-9622  
[www.ymcaoc.org/child-care-centers](http://www.ymcaoc.org/child-care-centers)

Provides subsidized child care.

## MEALS FOR SENIORS

### Age Well Senior Services

24602 Aliso Creek Rd, Laguna Niguel  
(949) 362-2807  
[www.agewellseniorservices.org](http://www.agewellseniorservices.org)  
Mon-Fri 11:45am - 1pm

Provides Senior Lunch Program at Sea Country Senior and Community Center.

### Meals on Wheels

24602 Aliso Creek Rd., Laguna Niguel  
(949) 362-2807  
[www.mealsonwheels.america.org](http://www.mealsonwheels.america.org)  
Mon-Fri 10:30am - 1pm

Delivers up to three meals per day to seniors.

## FOOD PANTRIES & HOT MEALS

### Family Assistance Ministries

Various sites, days, and times  
Please call for information  
(949) 492-8477  
[www.family-assistance.org](http://www.family-assistance.org)

Provides food pantry services at Laguna Niguel Presbyterian Church and in San Juan Capistrano, Dana Point, and San Clemente.

### Families Forward

8 Thomas, Irvine  
(949) 552-2727  
[www.families-forward.org](http://www.families-forward.org)  
Mon-Thurs 10am - 4pm

Provides walk-up food pantry services.

### Hands of Grace

At Faith Episcopal Church  
27802 El Lazo, Laguna Niguel  
(949) 448-8114  
[www.faithepiscopal.org](http://www.faithepiscopal.org)  
Wed 6pm - 7pm

Provides dinner every Wednesday night.

### Mercy Warehouse Vineyard Community Church

27632 El Lazo, Laguna Niguel  
(949) 910-0024  
Mon 4pm - 6pm  
Wed, Fri 12pm - 2pm

Provides food pantry services.

### Saint Timothy Catholic Church

29102 Crown Valley Pkwy, Laguna Niguel  
(949) 249-4091  
[www.st-timsrc.org](http://www.st-timsrc.org)  
Mon, Wed 9am - 11am

Provides food pantry services.

### South County Outreach

7 Whatney, Suite B, Irvine  
Mon-Thurs 9am - 2pm  
(949) 380-8144  
[www.sco-oc.org](http://www.sco-oc.org)

Provides food pantry services by appointment.