

## PHYSICAL AND MENTAL HEALTH

### Camino Health and Family Resource Center

22481 Aspan Street Suite A, Lake Forest  
(949) 240-2272

[www.caminohealthcenter.org](http://www.caminohealthcenter.org)  
Mon-Fri 8am-12pm, 1-5pm

Provides efficient and accessible health services.

### Care Possible

28202 Cabot Rd. #300  
(949) 415-4911  
[www.carepossible.org](http://www.carepossible.org)

Provides mental health services and addiction treatments for everyone.

### Laguna Beach Community Clinic

362 3<sup>rd</sup> Street, Laguna Beach  
(949) 494-0761  
[www.lbclinic.org](http://www.lbclinic.org)  
Mon-Fri 8 am - 12 pm, 1 - 5 pm  
Sat 8 am - 12 pm

Provides primary care and specialty medical services.

### Orange County Health Care Agency: Mental Health and Substance Use Disorder Services

5 Mareblu, # 250, Aliso Viejo  
(949) 643-6901  
[www.ochealthinfo.com](http://www.ochealthinfo.com)  
Mon-Thurs 8 am - 6 pm  
Fri 8 am - 5 pm

Provides mental health and substance use disorder services.

### Shanti Orange County

23461 S Pointe Dr. #100, Laguna Hills  
(949) 452-0888  
[www.shantioc.org](http://www.shantioc.org)  
Mon-Fri 9 am - 5 pm

Provides mental health and case management services.

## CRISIS HOTLINES

### Adult Protective Services

(800) 451-5155  
[www.ssq.ocgov.com](http://www.ssq.ocgov.com)

### Alcoholics Anonymous

(714) 773-4357  
[www.aanoc.com](http://www.aanoc.com)

### California Youth Crisis Line Orange County

(800) 843-5200  
[www.calyouth.org](http://www.calyouth.org)

### Domestic Violence Hotline

(866) 498-1511  
[www.laurashouse.org](http://www.laurashouse.org)

### Human Trafficking Hotline Orange County

(949) 250-4058  
[www.waymakersoc.org](http://www.waymakersoc.org)

### OC Health Care Agency Warmline

(877) 910-9276  
[www.namioc.org](http://www.namioc.org)

### Veterans First

(714) 547-0615  
[www.veteransfirstoc.org](http://www.veteransfirstoc.org)

## POLICE SERVICES

### Dial 9-1-1

For life threatening emergencies.  
Non-emergency dispatch  
(949) 770-6011

### Laguna Niguel Police Services

(949) 362-4346



# Community Resources

## Homeless Prevention Services

City of Laguna Niguel

30111 Crown Valley Parkway

Laguna Niguel, CA 92677

(949) 362-4300

## Do you need help?

Dial 2-1-1 Orange County for referral to a variety of services

[www.211oc.org](http://www.211oc.org)

(888) 600-4357

Dial (855) OC-LINKS for behavioral health information and referrals

[www.ochealthinfo.com/oclinks](http://www.ochealthinfo.com/oclinks)

(855) 625-4657

## SHELTERS AND HOUSING

### Family Assistance Ministries

1030 Calle Negocio, San Clemente  
(949) 492-8477  
www.family-assistance.org  
Mon-Fri 9 am - 5 pm

Provides rapid rehousing; emergency shelter for families with minor age children including dads; transitional/interim shelter for single moms and single women; and permanent supportive housing.

### Families Forward

8 Thomas, Irvine  
(949) 552-2727  
www.families-forward.org  
Mon-Thurs 9 am - 5 pm  
Fri 9 am - 1 pm

Provides emergency shelter to homeless families with a minor aged child.

### Friendship Shelter

1335 South Coast Hwy and  
20652 Laguna Canyon Road  
Laguna Beach  
(949) 494-6928, 8 am - 5 pm  
(949) 497-2959, 5 pm - 10 am  
www.friendshioshelter.org

Provides year-round shelter and rehabilitation to homeless adults.

### Mercy House

(714) 263-1449  
www.themercyhouse.org  
Mon, Wed, Sat 3 pm - 6 pm

Provides temporary housing to families with a minor aged child via HomeAid Orange County.

### OC Gateway to Housing (Families)

1300 Bristol Street, Newport  
Beach  
(949) 631-721 Ext. 403,  
www.ocgatewaytohousing.org  
Mon-Fri 9 am - 5 pm

Provides up to 9 months of transitional housing for families.

### South County Outreach

7 Whatney, Suite B, Irvine  
(949) 380-8144  
www.sco-oc.org  
Mon, Wed-Fri 9 am - 3:30 pm  
Tues 12:30-3:30 pm

Provides housing for homeless families with a minor aged dependent child.

### StandUp for Kids

1055 El Camino Dr Ste E, Costa Mesa  
(714) 356-5437  
www.standupforkids.org  
Mon-Fri 8:30 am - 2 pm

Serves unaccompanied homeless and at-risk youth up to their 25<sup>th</sup> birthday.

## RENTAL ASSISTANCE

### Family Assistance Ministries

1030 Calle Negocio, San Clemente  
(949) 492-8477  
www.family-assistance.org  
Mon-Fri 9 am - 5 pm

Provides rental and utility assistance with a financial plan as well as professional case management.

### Salvation Army

23401 El Toro Rd, # 201, Lake Forest  
(949) 366-6652  
www.salvationarmyusa.org/usn  
Mon-Sat 10am-7pm

Provides financial assistance to low-income individuals and families.

### South County Outreach

7 Whatney, Suite B, Irvine  
(949) 380-8144  
www.sco-oc.org  
Mon, Wed-Fri 9 am - 3:30 pm  
Tues 12:30-3:30pm

Provides case management services and utility and rental assistance for individuals and families.

### YMCA

Various Locations and Hours  
29831 Crown Valley Pkwy  
(949) 495-9622  
www.ymcaoc.org/child-care-centers

Provides subsidized child care.

## MEALS FOR SENIORS

### Age Well Senior Services

24602 Aliso Creek Rd., Laguna Niguel  
(949) 362-2807  
www.agewellseniorservices.org  
Mon-Fri 11:45 am - 1 pm

Provides Senior Lunch Program at Sea Country Senior and Community Center.

### Meals on Wheels

24602 Aliso Creek Rd, Laguna Niguel  
(949) 362-2807  
www.mealsonwheels.america.org  
Mon-Fri 10:30 am - 1 pm

Delivers up to three meals per day to seniors. Suggested donation of \$7.50 per day.

## FOOD PANTRIES AND HOT MEALS

### Family Assistance Ministries

Various sites, days and times  
Please call for information  
(949) 492-8477  
www.family-assistance.org

Provides food pantry services at Laguna Niguel Presbyterian Church and in San Juan Capistrano, Dana Point and San Clemente.

### Families Forward

8 Thomas, Irvine  
(949) 552-2727  
www.families-forward.org  
Tues-Thurs 9:20 am - 4:30 pm

Provides food pantry services.

### Hands of Grace

At Faith Episcopal Church  
27802 El Lazo, Laguna Niguel  
(949) 448-8114  
www.faithepiscopal.org  
Wed 6 - 7 pm

Provides dinner every Wednesday night.

### Mercy Warehouse Vineyard Community Church

27632 El Lazo, Laguna Niguel  
(949) 910-0024  
Mon 4 pm - 6 pm  
Wed, Fri 12 pm - 2 pm

Provides food pantry services.

### Saint Timothy Catholic Church

29102 Crown Valley Pkwy  
Laguna Niguel  
(949) 249-4091  
www.st-timsrc.org  
Mon & Wed 9:15 am - 11 am

Provides food pantry services.

### South County Outreach

7 Whatney, Suite B, Irvine  
(949) 380-8144  
www.sco-oc.org  
Mon, Wed-Fri 9 am - 3:30 pm  
Tues 12:30-3:30 pm

Provides food pantry services.