

City of Laguna Niguel



Proclamation

MENTAL HEALTH AWARENESS MONTH

MAY 2021

***WHEREAS**, the month of May has been declared National Mental Health Awareness Month; and*

***WHEREAS**, according to the U.S. Surgeon General, mental health is fundamental to health and indispensable to personal well-being, family and interpersonal relationships; and*

***WHEREAS**, mental illness will strike one in five Americans in a given year regardless of age, gender, race, ethnicity, religion or economic status; and*

***WHEREAS**, there are widespread misunderstandings and discrimination concerning mental health that can be eliminated by recognizing that mental illnesses are real, common and treatable; and*

***WHEREAS**, National Mental Health Month is a time for communities to acknowledge the importance of mental health and take action to ensure that individuals with mental illnesses have access to care, treatment and prevention services they need.*

***NOW, THEREFORE, I**, Mayor Fred Minagar, on behalf of the Laguna Niguel City Council, do hereby declare the Month of May 2021 as Mental Health Awareness Month in the City of Laguna Niguel.*

A handwritten signature in black ink that reads "Fred Minagar".

Fred Minagar, Mayor

Office of the Mayor