



## ART

### Parent & Tot Clay Time

Roll, pinch and pound! Come and enjoy some creative time with your little one! Your young artist will enjoy a tactile experience using clay, as we hand build playful projects step-by-step. Different projects each week. All pieces will be glazed and fired off-site. Aprons will be provided. Parent participation required. (5 weeks)

**Instructor:** Lucia Henry

**Location:** CVP, View Room

9514	F	Sep 15-Oct 13	2:30-3:15pm	3-5 yrs	\$69*
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\*\$20 (cash) fee due to instructor at first class.

### Clay Adventures

Have a blast learning how to turn clay into wonderful creatures and other fun projects. We will hand build the pieces as we learn techniques such as coiling, scoring, slab construction and more. We will decorate the pieces with under glazes (special paint for wet clay). Different projects each day. All pieces will be glazed and fired. Aprons will be provided. (5 weeks)



**Instructor:** Lucia Henry

**Location:** CVP, View Room

9488	F	Sep 15-Oct 13	3:30-4:45pm	6-12 yrs	\$75*
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\*\$20 (cash) fee due to instructor at first class for kiln firing & glazing.

### Paint, Paste and Pour

Watch your toddlers explore and discover glue, flubber, paint, cornmeal, dough, bubbles and much more. They'll enjoy developmentally appropriate hands-on experiences with manipulative art and sensory materials. Put on your play clothes and share this special time with your little one. Each session has new and exciting activities. **Parent participation required.** (5 weeks)

**Instructor:** Jayme Barger and Staff

**Location:** CVP, View Room

9509	F	Sep 15-Oct 13	9:30-10:15am	1½-3 yrs	\$45**
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9510	F	Sep 15-Oct 13	10:30-11:15am	2-6 yrs	\$45**
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9511	F	Oct 20-Dec 1*	9:30-10:15am	1½-3 yrs	\$45**
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9512	F	Oct 20-Dec 1*	10:30-11:15am	2-6 yrs	\$45**
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\*No class Nov 10, 24.

\*\*\$20 (cash) materials fee due to instructor at first class.

## MUSIC

### Tunes and Tales

Let's get the wiggles out! Join Ms. Vivian in this popular Music and Movement class. Sing-alongs and finger plays start off this fun-filled class followed by music activities using bean bags, rhythm sticks, instruments, a parachute and more. We will even have a chance to read a short story each week (2½-4 yrs class only). The children have a great time while developing their listening and social skills. Parent/adult supervision is required. \$10 sibling discount. For questions regarding class content, please email instructor at: tunes.tales@cox.net. (5 weeks)



**Instructor:** Vivian Stapleton

**Location:** CVP, View Room

9552	M	Oct 16-Nov 13	9:30-10:10am	1½-2½ yrs	\$45
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9553	M	Oct 16-Nov 13	10:15-11:10am	2½-4 yrs	\$50
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### Beginning Guitar Lessons

This class is designed to build a strong foundation for people with no experience playing the guitar. Students will learn several chords, strum styles and several classic songs. Students must bring their own guitar to class. Class is repeatable. (5 weeks)

**Instructor:** Ron Gorman

**Location:** CVP, Patio Room

9497	Tu	Sep 12-Oct 10	6-7pm	10+ yrs	\$95
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Free trial class on Tu., Sep 5 at 6pm.

Call Ron at (949) 362-0778 to reserve your spot.

### Guitar 2: Advanced Beginners

Continue the beginning experience with all new songs. This class will introduce subjects such as alternate tunings, Barre chords, light music theory and soloing. Primarily the class is about learning new songs. Bring your own guitar to class. (5 weeks)



**Instructor:** Ron Gorman

**Location:** CVP, Patio Room

9546	Tu	Sep 12-Oct 10	7-8pm	10+ yrs	\$95
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**MUSIC** CONTINUED

**Music to Grow On**

Unlock your child's musical potential through "Music to Grow On," a unique and joyous introduction to music. This on-going, developmental program includes: • singing • instruments • improvisation • movement and dance

Instructor: Kathy Lucey & Livia Wielath - (mornings)

For more information or discuss your child's placement: Call (949) 218-1351 or email: [musictogrow@cox.net](mailto:musictogrow@cox.net)

Website: [musictogrowca.com](http://musictogrowca.com)

Location: CVP, View Room

**Music Makers - Toddlers**

Toddler/adult learn songs, dances and musical activities that focus on singing and keeping a beat to enhance timing, coordination, listening and language skills. A variety of percussion instruments, puppets and colorful props are used. Parent participation required. (8 weeks)

9507 Tu Sep 19-Nov 7 10:15-11am 9 mo-2 yrs \$114

**Music Makers - Tots**

Child/adult will sing, dance, and play instruments. Solo singing is encouraged to develop listening, pitch-matching, and language skills. Concepts such as high and low, soft and loud, up and down are taught in a game-like atmosphere. Puppets, felts and props add to the special music making experience. Parent participation required. (8 weeks)

9508 Tu Sep 19-Nov 7 11:15am-12pm 2-3 yrs \$114

**Music Makers - Primary**

More advanced musical skills will be taught through songs, games, and dance. In addition, pre-recorder & keyboard will be introduced. This class will greatly enhance the student's musical literacy - a springboard for future instruments. (8 weeks)

9505 Tu Sep 12-Nov 21\* 3-3:50pm 6-8 yrs \$114

\*No class Oct 3, 10, 31.

**Music Makers - Primary Advanced**

Mastery in recorder is the primary goal for this class. Not only are the students musically literate and knowledgeable, most will be ready to pursue or continue playing instruments, such as piano, violin, or other wind instruments. (8 weeks)

9506 W Sep 13-Nov 15\* 3-4pm 7-9 yrs \$114

\* No class Oct 4, 11.

\*\* One year of Primary music is required in order to enroll in Primary Advanced. Additional materials fee TBD.

**Voice Lessons for the Primary Singer**

This class is designed to develop the child's singing voice, teaching them how to sing naturally, without damaging their vocal chords. Pitch matching, singing in tune, proper vocal technique and projection, solo and group singing, games and note reading will be covered. Instruction and repertoire is age appropriate. Singers will perform in December at Sawdust Festival's "Winter Fantasy" in Laguna Beach. (8 weeks)

9539 W Sep 13-Nov 15\* 4-4:50pm 6-8 yrs \$114

\*No class Oct 4, 11.

**Voice Lessons for the Developing Singer**

This class is designed to develop the child's singing voice, teaching them how to sing naturally, without damaging their vocal chords. Pitch matching, singing in tune, proper vocal technique and projection, solo and group singing, games and note reading will be covered. Instruction and repertoire is age appropriate. Singers will perform in December at Sawdust Festival's "Winter Fantasy" in Laguna Beach. (8 weeks)

9545 W Sep 13-Nov 15\* 5-6pm 9-13 yrs \$114

\*No class Oct 4, 11.

**Piano Studio at the Park (Private/Semi-Private)**

Required: Piano or keyboard at home

REGISTER: Call Kathy Lucey at 218-1351

Email: [musictogrow@cox.net](mailto:musictogrow@cox.net)

Instructor: Kathy Lucey

Location: CVP, View Room (4 weeks)



Tu*	6-adult	Call instructor for availability	Afternoon times TBD
W*	6-adult	Call instructor for availability	Afternoon times TBD

Lessons are scheduled with instructor and a minimum of 8 weeks is required.

Private 40 min..... \$136/4 weeks\*\*

Private 30 min.....\$102/4 weeks\*\*

Semi-Private (2) 50 min tandem \$140/4 week payment

\*No class Oct 3, 4, 10, 11, 31.

\*\*Additional materials fee TBD.

**Register Early!**

Help us avoid cancelling classes due to low enrollment. There are 4 easy ways to register for a class: ① Online ② In Office ③ Fax in ④ Mail in.

See pg. 32 for more information.



# DANCE

## Dance Classes

Classes will introduce the basic forms of studio dance and terminology with lots of encouragement and fun! Dancers learn various structured dance objectives through the OC Dance progression plan, complete with handout for parents and children to track their accomplishments. All Non-Parent & Me classes learn a dance routine to perform on last day of class. Each session consists of new dance routines and themes. Parents must remain on-site, but outside the room during class. For more information about classes and progression program visit: [ocdanceproductions.com](http://ocdanceproductions.com)

**Instructor:** OC Dance Productions / **Location:** CVP, View Room

### Parent & Me Princess Ballet & Play Featuring “Beauty and the Beast”

Come dance to songs and imagery from our favorite winter princesses while we warm up in spring in this session of Princess Ballet. The perfect introduction to dance paired with the fantasy and fun of being a little princess. Dancers will learn the fundamentals of ballet and creative movement while engaging in activities that enhance rhythm, balance and motor skills and more. Children use props, dress in colorful tutus, have fairytale story time, dance to “Beauty and the Beast” and other princess songs and make crafts. Ballet shoes and Active parent/caretaker participation required. For more information please visit [www.ocdanceproductions.com](http://www.ocdanceproductions.com). (11 weeks)

9513	Th	Sep 21-Dec 7*	9-9:45am	1½-2½ yrs	\$139**
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\*No class Nov 23.  
\*\*\$10 (cash) materials fee for two crafts, due to instructor at first class.

### Ballet, Jazz & Tumbling Combo

The perfect introduction of the basic forms of studio dance with lots of encouragement and fun. Participants will learn the basic elements of tumbling, jazz and ballet to fun classic children’s songs in a non-competitive environment. Creative movement activities also assist in musicality, rhythm and listening skills. Ballet or jazz shoes required. (11 weeks)

9486	Th	Sep 21-Dec 7*	3:30-4:15pm	3-6 yrs	\$139
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\*No class Nov 23.

### Ballet & Tap Combo

Basic elements of tap and ballet to classic children’s songs. Class includes development of spacial awareness, rhythm and listening skills. Ballet and tap shoes required. (11 weeks)

9534	M	Sep 18-Dec 4*	4:25-5:10pm	3-5 yrs	\$139
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\*No class Nov 20.

### All-In-One Dance

Fundamentals of ballet, jazz, and hip hop, along with discipline, rhythm, musicality and coordination for all around foundation for dance. Class includes barre work, center floor, across the floor, vocabulary, technique and dance routines. Dance shoes or sneakers required. (11 weeks)

9535	Th	Sep 21-Dec 7*	5:20-6:05pm	4-7 yrs	\$139
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\*Class held in Patio Room on Oct 26. \*No class Nov 23.

### Princess Ballet Featuring “Beauty and the Beast”

Enter a world of imagination and magic from these movies, new and old. This class teaches the basics of ballet and dance through terminology and imagery. Dancers learn ballet fundamentals and terminology, hear “Beauty and the Beast” stories, dress in princess tutus while using their “magic wands.” Ballet Shoes required. Two crafts per session. (11 weeks)

9518	M	Sep 18-Dec 4*	3:30-4:15pm	3-5 yrs	\$139**
9519	Th	Sep 21-Dec 7*	9:50-10:35 am	3-5 yrs	\$139**

\*No class Nov 20, 23.

\*\*\$10 (cash) materials fee for two crafts, due to instructor at first class.

### Hip Hop Jazz

Explore the elements of creative movements and freezes (poses), spatial awareness and strength, and flexibility training with an emphasis on fostering coordination, musicality and individuality. Sneakers or jazz shoes required. (11 weeks)

9516	M	Sep 18-Dec 4*	6:15-7pm	5-9 yrs	\$139
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\*Class held in Patio Room on Oct 16. \*No class Nov 20.

### Children’s Musical Theater Sing & Dance

Children are introduced to the fun and exciting world of musical theater. They learn how to create characters, learn about articulation, projection, rhythm and working with their peers. Basic choreography and lyrics will be featured this session for Holiday Show in December. For more info on theme visits; visit [ocdanceproductions.com](http://ocdanceproductions.com). Performers also play imaginative acting/character games and work on stage presence and confidence. Dance shoes or sneakers required. (11 weeks)

9487	M	Sep 18-Dec 4*	5:20-6:05pm	4-7 yrs	\$139
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\*Class held in Patio Room on Oct 16. \*No class Nov 20.

### Preschool Ballet & Tap Dance

Children will learn the fundamentals of dance and movement (ballet, tap and creative movement) while working with shape and number recognition. Class also focuses on following direction, rhythm, balance, coordination and confidence. A perfect mix of fun, dance & kinder-readiness! Tap and ballet shoes required. (11 weeks)

9517	Th	Sep 21-Dec 7*	10:40-11:25 am	3-5 yrs	\$139
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\*No class Nov 23.

### Beginning Hip Hop

Dancers train in the basic fundamentals of hip hop and jazz while creating awareness for personal technique and emphasis on coordination, rhythm, creativity and fun. Class promotes strength and flexibility training and dancers may learn some breakdancing basics. Appropriate for those new to hip hop or with little dance experience. Sneakers required. (11 weeks)

9544	Th	Sep 21-Dec 7*	4:25 – 5:10 pm	3-5 yrs	\$139
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\*No class Nov 23.

### Dance Recital

**Optional** Recital for all fall students is on **December 10** - (subject to change), (1½-3 year old parent/me classes excluded). Costume and recital guest ticket fees apply. **MANDATORY RSVP DEADLINE:** 2nd day of class. Optional secondary performance at City of Laguna Niguel Christmas Tree Lighting event on **December 2** - (1½-3 year old parent/me classes excluded). The recital is coordinated by OC Dance Productions. For more information visit [ocdanceproductions.com](http://ocdanceproductions.com) or email [info@ocdanceproductions.com](mailto:info@ocdanceproductions.com).



## SPORTS CAMPS/CLASSES

### Golf Lessons - Junior Performance Program

Learn the mechanics of the golf swing, pitching, chipping, putting, rules and etiquette. Level 1 is designed for junior golfers who have not had any previous golf experience. Level 2 is designed for the junior golfer that has been exposed to the game of golf and has received some type of instruction. Student/instructor ratio 6:1. (8 weeks)

**Instructor:** PGA Teaching Professionals

**Location:** ATG

9495	Level 1	Sa	Oct 28-Dec 16	12-1pm	7-17 yrs	\$280
9496	Level 2	Sa	Oct 28-Dec 16	1-2pm	7-17 yrs	\$280

### Ice Skating & Hockey Lessons

Beginner skaters or aspiring hockey players will learn the fundamentals of skating, gliding, stopping, turning and a fun trick or two! Please dress warm and arrive 15 minutes early. Skates may be rented but are not included. Class meets once a week for 30 minutes and includes free practice after the class from 12:30-3pm. (4 weeks)

**Instructor:** Ice Palace Staff

**Location:** IP

#### Beginner Skating

9500	Sa	Sep 9-30	11:45am-12:15pm	4-5yrs	\$75
9501	Sa	Sep 9-30	11:45am-12:15pm	6-8yrs	\$75
9502	Sa	Sep 9-30	11:45am-12:15pm	9-15yrs	\$75
9547	Sa	Nov 4-25	11:45am-12:15pm	4-5yrs	\$75
9548	Sa	Nov 4-25	11:45am-12:15pm	6-8yrs	\$75
9549	Sa	Nov 4-25	11:45am-12:15pm	9-15yrs	\$75

#### Beginner Hockey

9498	Sa	Sep 9-30	11:45am-12:15pm	4-6yrs	\$75
9499	Sa	Sep 9-30	11:15am-12:15pm	7-12yrs	\$75
9550	Sa	Nov 4-25	11:45am-12:15pm	4-6yrs	\$75
9551	Sa	Nov 4-25	11:15am-12:15pm	7-12yrs	\$75

### Taekwondo Lessons

Taekwondo is a fun and safe way for the whole family to get in better shape, increase flexibility and learn the valuable art of self-defense. The instructor, Ken DuBose is a 7th degree Black Belt Senior Master Instructor with over 30 years of teaching experience. Uniform is **free** with enrollment.

**REGISTER: Call (949) 395-2050**

**Instructor:** Ken DuBose

**Location:** SCC

M & Th	Ongoing*	6-8pm	7+ yrs	\$80/month*
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\*Each additional immediate family member receives a 50% discount.

### TriFytt Tee Ball

Here is a great chance for kids to be introduced to tee-ball in a fun and safe environment while learning the basics of the game. Our tee-ball curriculum is designed for kids to have fun with friends and coaches while fine tuning their motor and socialization skills. Every child will also be given a camp T-shirt. (6 weeks)

**Instructor:** TriFytt Sports Staff

**Location:** LNES, Softball field



9537	Th	Sep 21-Oct 26	4-4:30pm	2-3 yrs*	\$89
9538	Th	Sep 21-Oct 26	4:30-5:15pm	3-5 yrs	\$89

\*Parent participation required.

### Playtime Adventure

Playtime Adventure will help improve physical motor-skills, provide a foundation for an active lifestyle and prepare children to participate in sports, particularly soccer. Created by experts in child development (in partnership with UK International Soccer), Playtime Adventure combines physical learning with fun and imagination. Your child accompanies Team Adventure to complete weekly action tasks in Adventure Land. By using the Playtime Adventure Activity Storybook, you can continue your child's development at home, re-enacting all their favorite adventures over and over again! (8 weeks)

**Instructor:** Playtime Adventure Staff

**Location:** MHP, Upper Soccer Field

9515	Th	Sep 7-Oct 26	10-11am	3-4yrs	\$119
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## SPRAYGROUND FALL SCHEDULE

<b>Aug 1-Sep 4</b>	<b>Sep 9-Oct 29</b>
Every day, 10am-5pm	Open Weekends, 10am-4pm

Sprayground may be closed at any time due to inclement weather, or other events. Check the City website: [CityofLagunaNiguel.org](http://CityofLagunaNiguel.org) for latest updates.



## SPORT CAMPS/CLASSES CONTINUED



### Super Soccer Stars

Super Soccer Stars teaches soccer skills in a fun, non-competitive and educational environment through age-specific curriculum. Low child-to-coach ratios and positive reinforcement ensure each child improves at their own pace while having a blast! For more information contact, (310) 998-0010 or email la@supersoccerstars.com.

(6 weeks)

**Instructor:** Super Soccer Stars Staff  
**Location:** CVP, Lower Soccer Field

9521	Tu	Sep 12-Oct 17	9-9:40am	2-3 yrs	\$99
9522	Tu	Oct 31-Dec 5	9-9:40am	2-3 yrs	\$99
9523	Tu	Sep 12-Oct 17	9:45-10:30am	3-4 yrs	\$99
9524	Tu	Oct 31-Dec 5	9:45-10:30am	3-4 yrs	\$99
9525	Th	Sep 14-Oct 19	12:30-1:20pm	4-5 yrs	\$99
9526	Th	Nov 2-Dec 14*	12:30-1:20pm	4-5 yrs	\$99
9527	Th	Sep 14-Oct 19	1:30-2:30pm	5-7 yrs	\$99
9528	Th	Nov 2-Dec 14*	1:30-2:30pm	5-7 yrs	\$99

\*No class Nov 23.

### Super Soccer Stars: Kick & Play

Kick & Play is a parent-child pre-soccer and movement program. Individual attention, positive reinforcement, and engaging original music help to develop pre-soccer skills that will have your toddler learning to balance, run, kick and play while having a blast! For more information contact, (310) 998-0010 or email la@supersoccerstars.com. (6 weeks)



**Instructor:** Super Soccer Stars Staff  
**Location:** CVP, Lower Soccer Field

9558	Tu	Sep 12-Oct 17	8:15-8:55am	1-2 yrs	\$99
9529	Tu	Sep 12-Oct 17	10:35-11:15am	1-2 yrs	\$99
9559	Tu	Oct 31-Dec 5	8:15-8:55am	1-2 yrs	\$99
9530	Tu	Oct 31-Dec 5	10:35-11:15am	1-2 yrs	\$99

### Super Soccer Stars: Shine Program

Shine Program uses soccer as a vehicle to teach life skills to individuals with developmental and intellectual disabilities. Developmentally-appropriate curriculum is designed by licensed educators and therapists that promote the complete growth of each individual and encourages players to improve at their own pace. Soccer is used to enhance peer interactions and provide a safe environment for players to increase social potential with low player-to-coach ratios to ensure that individuals receive continuous support and personal attention. For more information contact, (310) 998-0010 or email la@supersoccerstars.com. (6 weeks)

**Instructor:** Super Soccer Stars Staff  
**Location:** MHP (Marina Hills Park)

9532	M	Sep 11-Oct 16	3-4pm	4-9yrs	\$99
9533	M	Oct 30-Dec 4	3-4pm	4-9yrs	\$99



### Super Sitters

Learn how to prevent accidents, what to do in case of an emergency, child development, do's and don'ts, age-appropriate games, job hunting and finances. Don't just be a babysitter - be a super sitter! **Bring paper / pencil and please ask an adult to attend the last 15 minutes of class.**

**Instructor:** Charlene Jordan / **Location:** CVP, View Room

9471	F	Oct 13	6-9pm	11+ yrs	\$38*
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\*\$5 (cash) material fee is due to instructor at class. Please bring correct change.

### CPR, First Aid, AED Instruction

The purpose of the American Red Cross First Aid/CPR/AED program is to help participants recognize and respond appropriately to cardiac, breathing and first aid emergencies for adults, children and infants. The courses in this program teach skills that participants need to know to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over. This program will include a two-year certification from the American Red Cross.



**Location:** Premier Aquatic Services

9489	Sa	Sep 2	8:30am-12:30pm	11+ yrs	\$85
9490	Sa	Oct 14	8:30am-12:30pm	11+ yrs	\$85
9491	Sa	Nov 4	8:30am-12:30pm	11+ yrs	\$85