

TEEN PROGRAMS

"RULE THE POOL" FRIDAYS

Enjoy a night of water volleyball, inner-tube races, diving board contests and music provided by a D.J. (Sorry, adults not invited!) Participants may not leave until 10pm, unless released to a parent. Snacks are sold for \$1 each. Admission sales end at 8:30pm.

Instructor: Recreation & Lifeguard Staff

Location: Crown Valley Park, Pool



F	Jul 14, 28, Aug 11, 25	8-10pm	9-13 yrs	\$5 at pool
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Super Sitters

Learn how to prevent accidents, what to do in case of an emergency, child development, do's and don'ts, age-appropriate games, job hunting and finances. Don't just be a babysitter - be a super sitter! **Bring paper / pencil and please ask an adult to attend the last 15 minutes of class.**

Instructor: Charlene Jordan

Location: CVP, View Room

9308	11+ yrs	Jun 16	F	6-9pm	\$38*
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*\$5 (cash) material fee is due to instructor at class. Please bring correct change.

CPR, First Aid, AED Instruction



The purpose of the American Red Cross First Aid/CPR/AED program is to help participants recognize and respond appropriately to cardiac, breathing and first aid emergencies for infants, children and adults. The courses in this program teach skills that participants need to know to give immediate care to a suddenly injured or ill person until more advanced medical personnel arrive and take over. This program will include a 2 year certification from the American Red Cross.

Location: Premier Aquatics

9404	Sa	Jun 24	8am-12:30pm	11+ yrs	\$85*
9405	Sa	Jul 22	8am-12:30pm	11+ yrs	\$85*
9406	Sa	Aug 19	8am-12:30pm	11+ yrs	\$85*

*\$10 (cash) material fee is due to instructor at class. Please bring correct change.



MUSIC & ARTS FESTIVAL

Organized by the Laguna Niguel Youth Committee

Middle and High School bands will "Showcase their talents" by performing in 30-minute sets. Bands will have 15 minutes to break down and to set up. Up to four bands will perform. The In-N-Out truck will serve burgers, fries and drinks, for a suggested \$10 donation.

Location: CVP, Amphitheater

F	May 19	6-10pm	Free
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Get Active in Your Community!

Parks and Recreation Volunteer Opportunities
Attention Volun-Teens!

Squirrels program now accepting applications!

• **Mandatory Training: Thursday, June 8th, 9am-12pm**

• Age Requirement: 13-17 yrs.

• Volunteer Hours: 8am-12:30pm or 12:30-4:45pm, for 1 week during the program.

Note: Parks and Recreation does not accept court ordered volunteers.

Pick up volunteer applications at the Parks and Recreation office at Crown Valley Park or online at CityofLagunaNiguel.org



TEEN WEBSITE

LNTEENS.ORG

FOLLOW US @LNTEENS ON:

